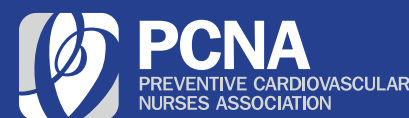


# HYPERTROPHIC CARDIOMYOPATHY

## Is Your Heart Holding You Back?

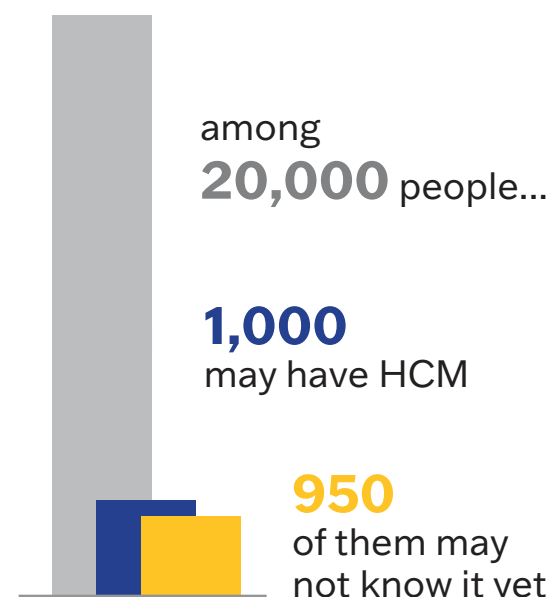


### **Hypertrophic Cardiomyopathy, also known as HCM, often goes undiagnosed.**

It is estimated that anywhere from 1 in 500 and even up to 1 in 200 people have HCM. Close to 85-95% of people with HCM have not yet been identified.

### **What is HCM?**

An inherited disease that causes the heart muscle to become abnormally thick. The symptoms of HCM can resemble several other common conditions, which can make it difficult to diagnose.



## **Are these unexplained symptoms holding you back:**

Shortness of breath?

Tiredness?

Fainting?

Dizzy?

Chest Pain?

Heart Racing?

### **You may have HCM and you should talk to your doctor if:**

- You have any of these symptoms
- And/or, you have any family history of relatives dying unexpectedly

### **LEARN MORE:**



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